

Toddler Family Sunday-School-At-Home • October 25

from Ms. Karen

Fall Unit 2: God Made My Body – God Made My Legs & Feet



Move
Your
Legs
Exercise
Song

Read: Psalms 139: 13-14

Mark 2: 1-12

Songs: Move your Legs (2:26)

<https://youtu.be/CNMyh5OyfGE>

Father Abraham Song (2:53)

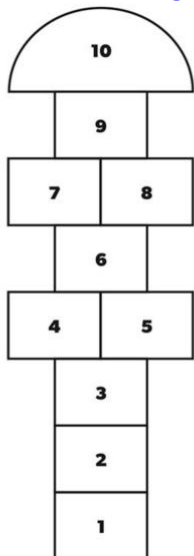
<https://youtu.be/yCYexPDR7Zg>



Father
Abraham

Legs to Walk and Jump

Draw a hopscotch in your driveway, on your patio, or in your garage with chalk. Go to: <https://images.app.goo.gl/wMQNv6TnikjPAUH68>. You can tape paper on the floor in a



hopscotch pattern inside your home if you prefer. Say, "You can use your legs to walk or jump from one square to another." Show your child/children how to do this and encourage them to follow you. Then show them how to jump from one square to another. You can hold your child's hands when they try to jump if need be. Say, "God made my legs. My legs can walk and jump! God made me."

Marching Band

Play some music and give your children instruments. Encourage your child/children to shake and play their instruments while the music plays. Then start walking and marching around the room and invite your child/children to walk with you while playing their instruments. Stop. Say, "I'm glad God made your legs so you can walk and march and play your instruments." Continue for as long as desired.

Kickball

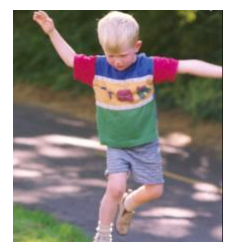
Turn a box on its side. Ask, "Can you touch your feet? Can you kick a ball with your feet?" Let your child/children stand as close as they want to the box and encourage them to kick a ball into the box. You can also use a soccer net if you have one. Say, "You kicked the ball into the box/net! God made your feet so you can kick a ball. God made you (point to child) and God made me (point to self)."



"Hello!" from Ms. Karen and Ms. Nancy!

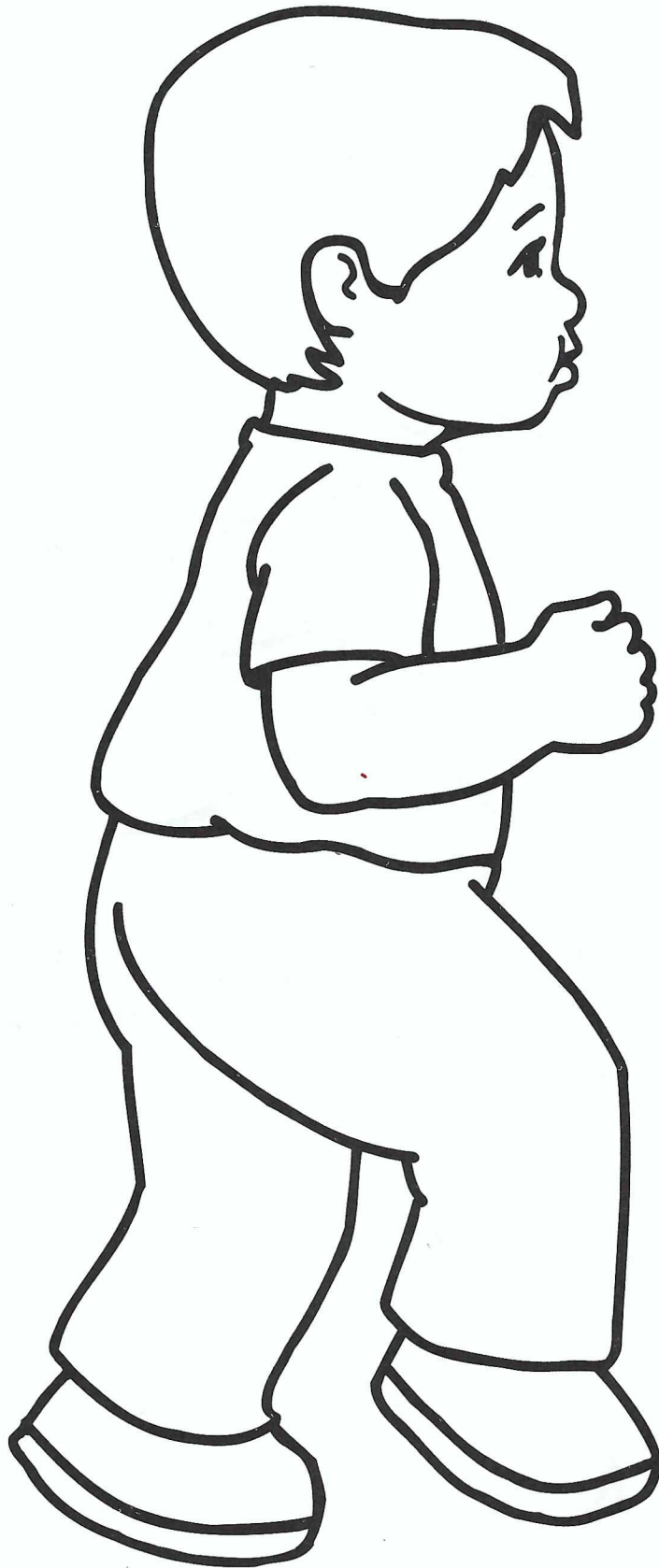


Message: Have fun running in your yard, jumping in leaves and riding your bike this week. These are all things you can do with your legs. I'm so glad God gave us legs and feet so we can do these fun things! 🍁



Finish with Coloring page, Snack & Cleanup

Thank You, God, for my legs.



God made my feet.

